

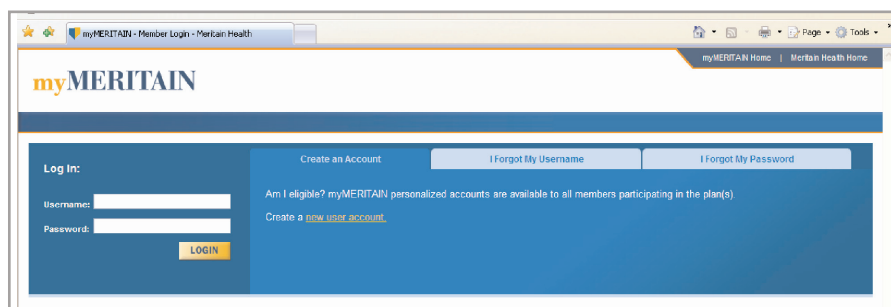
# On Your Mark, Get Set, Go Meritain!

*Get ready to get healthy. All of the tools and resources you need are in one place at [www.myMERITAIN.com](http://www.myMERITAIN.com).*

## Did you know?

*You're just a click away from the advantages of [myMERITAIN.com](http://www.myMERITAIN.com)!*

Welcome to myMERITAIN.com, your employee benefits portal. If you want to find out more information about your benefits, locate a provider or check claims status, you've come to the right place. It's as easy as 1-2-3!



### Step 1:

Open your web browser and go to [www.myMERITAIN.com](http://www.myMERITAIN.com).

### Step 2:

#### *Already a member?*

Just log in! Please note that your Member ID is now your Username. Your password remains the same.

#### *Are you a first time user?*

Click on "Create a new user account" and follow the instructions. You will need to fill in your member identification (ID) number, name, date of birth, group number and e-mail address. You can find your member ID and your group number on your ID Card. You may be prompted for an index number. This can be found on the back of your ID Card.

### Step 3:

#### *When can I start to use [myMERITAIN.com](http://www.myMERITAIN.com)?*

Starting on September 17, 2007, visit [myMERITAIN.com](http://www.myMERITAIN.com) to access all of your health and wellness tools!



## What you'll find at myMERITAIN.com:

*At myMERITAIN.com, you can access a number of tools and resources that can help you make informed decisions about your healthcare. Below are just a few of the tools available at myMERITAIN.com:*

- Check claims status
- Research health issues
- Learn about your benefit plan
- Verify eligibility
- View your Explanation of Benefits (EOB) online
- Locate in-network providers
- And much more!

Visit myMERITAIN.com for time-saving tools that will put you in control of your healthcare choices more than ever before. If you have any questions or need assistance with the login process, contact customer service at the number listed on your ID Card.



*For more information contact the customer service number on the back of your ID Card or visit us online at: [www.meritain.com](http://www.meritain.com)*

This material was created to help you understand benefits available to you. If any provision of these materials is inconsistent with the language of the Plan, the language of the Plan will govern.

