



“Can I afford the medication I need to feel better?”

## A New, Pain-Free Plan

Greta took great joy in her job as a Kindergarten teacher. She loved watching her students learn and grow over the course of the school year. She had suffered with arthritis for many years, but lately her condition made it much harder to keep up with the children in her class. She was in pain and knew she needed help.

Greta’s doctor recommended a new medication, but she would need to visit the office to have it infused on site. This would be expensive, even with coverage through her medical benefits. Greta was worried. She knew she needed medication to feel better and do the job she loved, but was beside herself about how she would afford it with her other weekly expenses. She wasn’t sure what to do.

### CARE pharmacy support

Luckily, Greta had access to pharmacy support through the Meritain Health<sup>®</sup> CARE Program as part of her health care benefits. After reviewing her case, a CARE pharmacist named Steven did some research. He noticed Greta had experience with self-injectable prescriptions. She would be able to use a self-injectable version of the medication on her own at home. Even better, it would be delivered directly to her from a specialty pharmacy, saving her the trip to her doctor’s office. This plan would help Greta save on the cost of her medication while reducing her joint pain.

Steven contacted Greta’s doctor to coordinate approval—and her doctor agreed this was a better plan. He gave his full consent. Next, Steven counseled Greta so she would understand how to use her new medication. She was ready for her journey towards better health.

### A successful new plan

By helping her switch to an injectable from a specialty pharmacy, Steven was able to help Greta save more than \$3,000 a year on the cost of her medication. Her employer saves more than \$57,000 a year.

Greta’s arthritis has improved, she feels better and she’s in much better spirits. As she helps mold young minds for the future, Greta is thankful for the pharmacy support that helped her continue the life she loves.

*This story is based on an actual member experience. Names and information have been changed to protect the member’s privacy.*

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