

“We just want to help our little girl grow.”



A Strong and Healthy Future

Gwen was an otherwise healthy baby who was given a difficult diagnosis at birth. She was born with a condition that causes low phosphorous levels in her blood. Gwen’s parents have been worried ever since that day about the health of her bones—without proper medication, they can become brittle and fracture easily. Plus, the low phosphorous levels make it harder for Gwen to grow like other children. Her parents wanted to do everything possible for their little girl.

Gwen’s doctor recommended an injectable medication that would help. Though grateful for a treatment, Gwen’s parents were also apprehensive: the medication was considered high-cost, plus the thought of giving their daughter frequent injections broke their hearts. Still, they knew they needed to do what was best for Gwen and her health. They started the medication right away.

An opportunity for relief

Gwen and her parents have Meritain Health[®] for their health care benefits. As part of their plan, they receive prescription support through the Meritain Health CARE program—from pharmacy professionals who make sure members receive the right medications at the best price. A CARE program team member reviewed Gwen’s case and realized the family was discarding an unused portion of her prescription with each dosage. She calculated a new dosage that would save the family money through decreased waste—plus Gwen would need fewer injections.

Good news!

The CARE team member contacted Gwen’s doctor for approval of the new dosage. Then a Meritain Health nurse called Gwen’s parents with the good news, and new dosage recommendations. They were pleased to hear their little girl would need fewer injections while on the road to being healthier—plus they’d be able to save on the cost of the medication.

Healthy and happy

Gwen continues to take her medication and she’s currently growing up stronger and healthier. The CARE program support was able to help her parents conserve money to provide their daughter with all the other things young children need as they grow. The savings to their employer was more than \$450,000 on the cost of this medication through health care benefits coverage.

This story is based on an actual member experience. Names and information have been changed to protect the member’s privacy.

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