

Dear plan member,

As a member of Meritain Health® you are eligible to receive a quarterly allowance of \$25.00 to redeem for select Over-the-Counter (OTC) products.

OTC medications and wellness products are often trusted as a first line of defense in treating minor ailments and may help reduce doctor visits¹. Meritain Health is committed to providing this program to you as a benefit to help you live a healthy lifestyle and improve the quality of your life.

The following are just some of the categories available with your program (please view your plan's catalog for details):

- Antifungals
- Anti-Hemorrhoidal
- Baby Care
- Cough/Cold/Allergy
- Dental
- Digestive/Laxatives/Antacids
- Ear & Eye Care
- Feminine Care
- First Aid
- Home Diagnostics
- Home Healthcare
- Nicotine Replacement
- Pain relief
- Vitamins

For your convenience, you may place your OTCHS order for eligible items in many CVS retail store across the nation². You can also place your order online or by phone.

- Online: **www.cvs.com/otchs/myotc**
- By phone: **1.888.628.2770**

Please feel free to contact OTC Health Solutions should you have any questions by calling **1.888.628.2770**.

9675 NW 117th Ave,
Suite 202
Miami, FL 33178

¹ Consult with your health care provider before taking OTC medications, and prior to beginning or changing any health care practices. Read all label and packaging instructions, including all warnings.

² In-store OTCHS redemption is not available at Target, Schnucks, or select other CVS Pharmacy locations