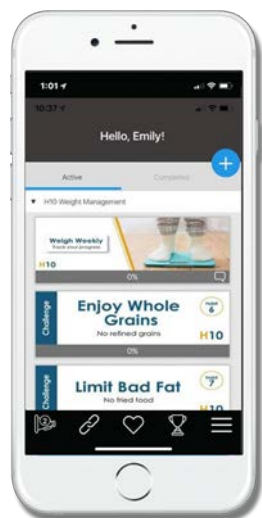# HEALTHY MERITS

The Healthy Merits Mobile App

Wellness on the go

Sarasota Memorial Hospital

Get active. Eat healthy. Take time for yourself. Now your wellness journey can go with you!

Download the app today

1. Download the Healthy Merits app in the iOS App Store®, Google Play Store™ or by scanning the QR code.

2. Log in using the same username and password you use on **https://smh.healthymerits.com**. If you haven't created an account, use the company code *SMH* and your Meritain Health® member ID number to create one through the app. Be sure to enter your name exactly as it appears on your member ID card. Your unique ID is your member ID found on your ID card.

Android app

Apple app

The Healthy Merits mobile app is the easy, fun and on-the-go way to access all the great features of the platform.

- Join a challenge
- Track your progress
- Complete the assessment
- Complete a course
- Sign up for push notifications

Questions? Call Healthy Merits Customer Service at 1.877.348.4533 or email healthymerits@meritain.com.

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